

Today's Date: _____

Your Name: _____

Address _____

City: _____ State ____ Zip _____

Cell Phone: _____ Home Phone: _____ Age: _____

Email: _____ (please write clearly)

Drivers License #: _____ State: _____

Occupation _____ Employer: _____

What is your highest level of education completed? _____

Whom may I thank for referring you to Delray Holistic Therapy? _____

Have you been to counseling or therapy before? If so, was it helpful? What did you like or not like?

Are you having problems with alcohol or other substances? Yes No

Have you recently thought about committing suicide? Yes No

Have you ever attempted to commit suicide? Yes No

Have you ever had psychiatric hospitalization? Yes No

Are you now or have you ever been under the care of a psychiatrist? Yes No

Have you ever been diagnosed with a psychological "disorder?" Yes No

If Yes, what was the diagnosis?: _____

Do you have any current health problems (injuries, chronic problems, eating, sleeping, etc.)?

Do you have a lot of stomach aches and/or headaches? If yes, then how often and when?

Do you exercise often? YES NO If yes, what do you do and how often?

Do you have any important spiritual beliefs or religious practices that you believe are directly relevant to your counseling? If so, please provide a brief name for them:

Please list ALL drugs (prescription, over-the-counter, and recreational, including alcohol & tobacco) that you consume regularly. **Remember that your answers are strictly confidential.**

Is there any other relevant information you would like to add?

Your signature below indicates that you have answered the questions above truthfully and fully.

Signature of client

Date

Printed name

Sig. of parent, guardian or legal representative

Date

Printed name of minor child